

# Triennial Assessment Tool

Every three years or more often if the SFA desires, the LEA must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the model local school wellness policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should have been completed by June 30, 2020. The second triennial must be completed by June 30, 2023, or earlier. SFAs are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: 06/20/24		Name of School District: Atlanta Classical Academy		Number of Schools in District: 1
<b>Nutrition Education Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>	
1. Plan four classroom nutrition education sessions and execute two within the school calendar year to teach about healthy foods and why it is important to eat a balanced meal following my plate guidelines for healthy eating.	Completed	1	Classroom education was taught using the Discover MyPlate Booklet Upper school nutrition education conducted in the classroom for 9-12 grade.	
2. ACA include health in the education curriculum the following essential topics on healthy eating: through the use of Harvest of the Month and Toon in Tuesday	Completed	1	Harvest of Month material posted in the dining room for review and discussion. Material also provides activities for students to do expand their knowledge.	
3. Upper school students assist in the kitchen to learn about food safety and nutrition procedures.	Completed	1	Utilize student volunteers during 1st and 2nd semester to help with food safety and kitchen prep.	
4.	Choose an item.			
5.	Choose an item.			
<b>Nutrition Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>	

1. Implement healthy food promotion techniques through the school meal program Smart Luncheon	Completed	1	Prepared cooking video featuring harvest of the month produce to stimulate interest.
2. Organize at least four taste test and execute a minimum of two test within the school year to introduce students to different foods to help promote healthy food choices.	Completed	1	Conducted four food taste test tasting. Provided feedback to determine students likes to share with FSMC for menu development.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Physical Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. ACA recommends teachers provide short (3-5 minute) physical activity breaks during and between classroom time and at least 30 minutes recess for elementary students.	Completed	1	
2. ACA offers opportunities for students to participate in physical activity either before and/or after school. Students will be encouraged to be active through school clubs, aftercare and varsity sports.	Completed	1	ACA offers weight training, girls on the run baseball, cross country, basketball , soccer and track. The activities are available to both girls and boys in the varied grades.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. ACA will ensure that its grounds and facilities are safe and equipment is in good repair and available to all students to be active. ACA will conduct necessary inspections and repairs.	Completed	1	Playground area re-painting and design completed.

# Triennial Assessment Tool

2. ACA will integrate wellness activities across the entire school setting, not just in the cafeteria, other food & beverage venues, and physical activity facilities.	complete	1	Participating in the school Multicultural Event a booth was set up displaying the school nutrition program. (10-21)
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. ACA is committed to offering school meals through the NSLP that meet or exceed current nutrition requirements established by local, state, and Federal statutes and regulations. ACA is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free milk; moderate in sodium, low in saturated fat and zero grams trans fat per serving and to meet the nutritional needs of school children within their calorie requirements.	Completed	1	
2. Work with Chef Advantage to serve a variety of nutrient-dense foods across and within all food groups in recommended amounts.	Completed	1	Chef Advantage offered taste test for new item to be added to school menu (Jerk Chicken and Rice)
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e., classroom parties, foods given as reward).</i>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>

1. In accordance with APS board approved wellness policy any foods sold as part of a fundraising must meet the USDA dietary/nutrition standards.	Completed	1	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Policies for Food and Beverage Marketing</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. In accordance with the APS board approved wellness policy, the marketing of food or beverages in schools must align with the USDA dietary/nutrition standards.	Completed	1	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

<b>Wellness Policy Leadership</b> <i>Name of school official(s) who are responsible to ensure compliance.</i>	<b>Title and School</b>	<b>Notes:</b>
1. David Rosenzweig	Director of Operations-ACA	
2. LaNiesh Holland	Nurse-ACA	
3. Immanuel Reed	Athletic Director-ACA	
4. Sarah McNeal	Cafeteria Manager-ACA	Wellness Policy Coordinator
5.		
<b>Wellness Committee Involvement</b> <i>List of committee members names</i>	<b>Title and Organization</b>	<b>Notes:</b>
1. Wendy Herndon	President-PTCA	

# Triennial Assessment Tool

2. Raven Searles	Nutritionist-Chef Advantage	
3.		
4.		
5.		

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal